



Spray Tan Aftercare

Prior to Having your Spray Tan: -

- Do exfoliate the night before your spray tan
- Do shave (any hair removal) the day before your spray tan
- Do remove all jewellery before your spray tan
- Do select old or preferably dark underwear or swim suit to wear during your spray tan
- Do shower before your spray tan to remove all make-up, deodorant and perfume / aftershave

- Do not exfoliate on the day of your spray tan
- Do Not use and exfoliant containing oils
- Do not wax on the day of your spray tan
- Do not apply deodorant or perfume / aftershave to your skin before your spray tan
- Do not use baby oil as it will place a barrier on your skin not allowing the spray tan to do its job

After your Spray Tan: -

- Do wear baggy or loose fitting clothes after your spray tan tight clothing will rub at your tan and remove it
- Do moisturise daily
- Do wear flip flops or loose shoes again to prevent rubbing and patching
- Do exfoliate dry skin areas such as knees, elbows and heels as your tan generally begins to fade after a few days to ensure these areas fade evenly with the rest of your body

- Do Not use soap when rinsing your spray tan, just lightly shower, only use soap 24hours after your spray tan has been on
- Do Not do any sport or activity where you will sweat or perspire for at least 24 hours or so after your tan, as this could make your tan patchy
- Do Not swim in chlorinated water as this will strip your tan completely
- Do Not take long showers or baths using soap as this can remove your spray tan
- Do Not exfoliate your body after your spray tan as this again will remove your spray tan
- Do Not Shave (Men Only) for at least 24hours after your spray tan
- Do Not use any exfoliating facial washes or toner on your face for a minimum of 24hours after your Spray Tan
- Do Not think your Spray Tan will protect you from UV Rays; you will still need to use sun cream
- Do Not have a massage after your Spray Tan as the oils will remove your Spray Tan

To discuss please call 07747 467 515 / 07919 885 322